

## Daniel Ellsberg to focus on local activists

*Great Conversations spotlights dissent in democracy*

Frank Kroncke, Mike Therriault, Chuck Turchick, Don Olson, Bill Tilton, Pete Simmons, Brad Beneke, and Cliff Ulen didn't set out to change history.

In 1970, the Minnesota 8, as they came to be known, were normal, Midwestern college-aged guys in their late teens and early twenties. They were university students, Phi Beta Kappa members, student body representatives, even a former Franciscan monk.

And yet, they were members of a group that would play a pivotal role in changing the course of the Vietnam War years.

In a February 26 Great Conversations event, Daniel

Ellsberg, best known for his release of the Pentagon Papers, and political science professor Larry Jacobs will talk about the Minnesota 8's role in Ellsberg's release of the Pentagon Papers, and the overall role of dissent in American democracy: when is it justifiable to disobey the government, particularly with regard to today's war in Iraq?

*"We picked that form of protest because, back then, your draft card was your life....If your card were destroyed, your chances of getting drafted were pretty much zero—because the government didn't know you existed any more."*

The event will be held in conjunction with a world premiere play, *Peace Crimes*, a co-production of the U of M Theatre Department and Minnesota History Theatre.

The play, which will premiere on February 21, grounds the debate over civil disobedience in the history of the Vietnam War. It examines whether the Minnesota 8 committed heroic acts of patriotism or acts of terrorism: "peace crimes" or just crimes.

The Minnesota 8 came together in 1970 as members of a larger

organization, Minnesota Conspiracy to Save Lives. Dedicated to non-violent resistance to the Vietnam War, the group carried out draft board raids across the state.

"We picked that form of protest because, back then, your draft card was your life....If your card were destroyed, your chances of getting drafted were pretty much zero—



Larry Jacobs

because the government didn't know you existed any more," Kroncke says.

"Also," he continues, "it was a bloodless form of action—no bloodshed, no threats, no physical danger to anyone who was involved."

The group held a number of successful raids, including taking part in the largest draft board raid in American history: the Beaver 55.

It is estimated that 10,000 files were destroyed in that raid, and the head of the Minnesota Selective Service System has said that it was shut down for more than six months. Perhaps most significantly, hundreds of blank draft cards and official stamps were taken to Toronto, Canada, giving exiled draft resisters a chance to return to the United States.

"Back then, you had to carry your card with you everywhere you went. Your employer, whoever, could say, 'Let me see your card. Have you completed your service? And you had to show it,'" explains Kroncke. "By giving these cards to the people who had fled, they got a new lease and could come back to the states."

The final raids occurred on the night of July 10, 1970. This time, however, the FBI was waiting for them. Eight men were arrested.



Photo by Jack McDonald

Daniel Ellsberg

The Minnesota 8, as they came to be called, were charged with "sabotage of the national defense," an offense that carried a maximum 10-year sentence.

Says Pete Simmons, then age 19 and the youngest of the group, "It was frightening. We didn't know what was going to happen, where we were going to be sent. We didn't know how long we'd be there."

After a few days, the charges were changed to "interfering with the Selective Service System by force, violence, or otherwise," a crime that carried a lesser punishment of up to five years in prison, instead of 10.

The public debate raged over whether the men's actions were justifiable. Supporters picketed the courthouse, fundraisers were held

*Local activists focus of Daniel Ellsberg appearance continued on page 4.*



## Strategic Leadership Insights Speaker Series

### Strategic Leadership Insights brings in best of the business world

Strategic Leadership Insights, a new breakfast series from the College's Continuing Professional Education department, offers opportunities to hear from nationally recognized experts on key workforce trends, and then opens the floor for a moderated discussion on how to address these issues.

Upcoming workshops, which will be held in the Continuing Education and Conference Center, include:

#### **February 13: Keys to Successful Succession Management: Building a Leadership Pipeline for Tomorrow**

Elaine Sloan, Senior Vice President and Principal Consultant, Personnel Decisions International (PDI)

#### **April 2: Minnesota's Radical Demographic Changes**

Tom Gillaspy, Minnesota State Demographer

#### **May 14: Today's Workforce: Why Your Employees Really Are Your Most Important Asset**

Mike Losey, Past President and CEO, Society for Human Resource Management (SHRM)

Tickets are \$50 per event. To learn more about Strategic Leadership Insights, including complete speaker information and registration details, visit [www.cce.umn.edu/leadershipinsights](http://www.cce.umn.edu/leadershipinsights).

### Sign up for emergency notification text messages

On November 16, the University launched a new emergency notification text messaging system, called TXT-U. Students, faculty, and staff can stay informed about critical campus safety information by registering to receive TXT-U messages.

TXT-U will be used infrequently and specifically for real emergency situations. The registration information is private and will not be shared. This is a free service; however, text messaging fees may apply, depending on an individual's cell phone service.

To learn more about TXT-U and to register, go to [www.TXT-U.umn.edu](http://www.TXT-U.umn.edu).



### Minnesota English Language Program announces new director

The Minnesota English Language Program (MELP), offered by the College of Continuing Education, is pleased to announce the hiring of Mike Anderson as its new program director. Prior to this appointment, Anderson taught for three years in the graduate program in English as a Second Language (ESL). Before that, he served as a research fellow at the National Center on Educational Outcomes. In addition to teaching ESL at the U, Anderson has also taught in France, Montana, and at Columbia University.

MELP helps international students prepare for academic work in an English-speaking college or university setting, and also helps participants improve their English skills for business or personal reasons.

Says Anderson, "I am thrilled to join the team of instructors at MELP, and delighted with the initiative that the College has taken in developing a program that serves U students, members of the local community, and international students from around the world. MELP serves an important purpose on campus—as one of our students once said: 'How can you have a world-class university if you don't invite the world?'"

For more information, visit [www.cce.umn.edu/esl](http://www.cce.umn.edu/esl) or call 612-624-4000.

### Compleat Scholar: A taste of winter 2008

Every year, through the College's Compleat Scholar program, hundreds of adults indulge in a passion for learning through short courses including topics in the arts and humanities, travel, literature, popular culture, history, science, and more.

Each season kicks off with an evening "Sampler" event—a taste of what's being offered in upcoming courses. The winter 2008 Sampler is scheduled for Tuesday, January 15, 6:30-8 p.m. Presenters will include Douglas Allchin on the historical context of Galileo's trial; Francisco Diez-Gonzalez on food safety in today's world; and Toni McNaron on the lyricism of Virginia Woolf's novels. Tickets are available for \$20, a fee that can be credited toward a subsequent full Compleat Scholar course. To register for the Sampler or for a Compleat Scholar course, or to find out more about the program, visit [www.cce.umn.edu/scholars](http://www.cce.umn.edu/scholars) or call 612-624-4000.



Left to right: Douglas Allchin, Francisco Diez-Gonzalez, and Toni McNaron

# Looking for a Change?

## Career Workshops

### Who Am I? Clarifying Your Career and Lifework Goals

Includes the newly revised Strong Interest and Skills Confidence Inventory and the more detailed Myers-Briggs Type Inventory Step II career assessments.

Two meetings: January 9 and 16, 6:30-8:45 p.m.

### What's Next for Me? Exploring Career and Educational Options

Two meetings: January 30 and February 6, 6:30-8:45 p.m.

### How Do I Get There? Setting Goals and Taking Action

Two meetings: February 20 and 27, 6:30-8:45 p.m.

Workshops, which are offered at the Continuing Education and Conference Center, can be taken individually or as a three-part series. Series cost is \$295. Individually, the cost for each of the workshops is \$115. For more information or to register, call 612-624-4000 or visit [www.cce.umn.edu/careerservices](http://www.cce.umn.edu/careerservices).

University of Minnesota Alumni Association members and College of Continuing Education learners admitted to College degrees, credit certificates, and those enrolled in professional development certificates receive discounts.

## Online Resources

### Lifework Indicator

Pursuing changes in lifework can be overwhelming and the Lifework Indicator can help you identify some initial steps to get you started. Find it on the Web at [www.cce.umn.edu/career](http://www.cce.umn.edu/career) (click on "Online Tools").

### Lifework Lifeline Exercise

The Lifework Lifeline is a simple exercise designed to help you reflect on your career and lifework path and, in so doing, take that first step in self-assessment. Use this free tool at [www.cce.umn.edu/career](http://www.cce.umn.edu/career) (click on "Online Tools").

### What's your CareerPath?

See your career path and strengths in a whole new light. Try CareerPath, a new online personal career management tool, offered free through the College of Continuing Education. Visit [www.cce.umn.edu/careerservices](http://www.cce.umn.edu/careerservices).

### Get the lowdown on financial aid

College of Continuing Education scholarships and grants provide funding for more than 200 students each year and are applicable to the College's credit or noncredit courses. Admission to a certificate or degree program is not required. Visit [www.cce.umn.edu/financialaid](http://www.cce.umn.edu/financialaid) or call 612-624-4000 to find out more.

# Career Matters

*Advice from a University of Minnesota career consultant with years of experience helping motivated adults explore their options, chart their course, and reach their goals.*



Janet Pelto

The average life expectancy in America is nearly 80 years—meaning individuals often have decades of living after they leave the workforce. And with an immense cohort of baby boomers retiring, there are a lot of people facing that "second life" right now.

So what does it mean when one of the biggest generations finds itself with extra time on its hands? It means many things, but overall, it means people will be looking for something meaningful to do.

Baby boomers are forging new models and trends for a very different second half of life. Boomers want and need to continue to work, but they want more. They want to make a difference.

This is not unique to boomers, however. I hear this frequently from most of my 30-something clients.

So, what can we learn from those pioneering boomers? Marc Freedman, author of *Encore: Finding Work that Matters in the Second Half of Life*, identifies several characteristics that describe how boomers want to continue to work, but in new ways and on new terms. Some of Freedman's ideas form the basis for three perspectives that are applicable to anyone's career development.

**One:** Create what Freedman calls "a body of work." Instead of striving for a job or career, think about developing "a collection of jobs and other engagements that, when put together, have weight and coherence."

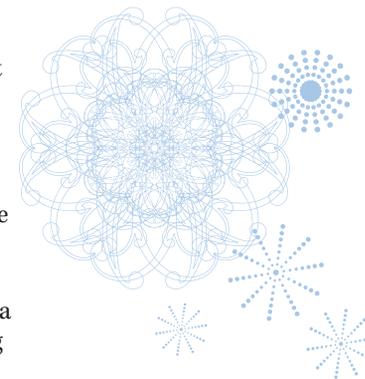
**Two:** Start by seeking renewal, not reinvention. Although some people find success in making radical career changes, the majority of people find fulfillment pursuing ideas that they've had for a long time.

**Three:** Expect your work life to be a series of challenges and trade-offs. Know what is most important to you and focus on that.

Bottom line? We all need to buckle up and hang on to our hats. Because, as one famous boomer said, "the times, they are a changin'."

Sincerely,

Janet Pelto  
Career and Lifework Consultant  
College of Continuing Education  
University of Minnesota



## Spring Term Registration Is Open

Spring CCE catalogs are available. For more details, or to order a free catalog, visit [www.cce.umn.edu](http://www.cce.umn.edu) or call 612-624-4000.



Minnesota 8 participants in a recent photo. Back row, left to right: Pete Simmons, Bill Tilton, Frank Kroncke, Don Olson. Front row, left to right: Chuck Turchick, Mike Therriault, Brad Benecke.

Local activists focus of Daniel Ellsberg appearance continued from page 1.

to support their defense, and anti-war activists from around the nation chimed in. As the voices of those supporting them grew, so did those in opposition.

“One letter to the editor of the *Star Tribune* said that the Minnesota 8 should be hung from a flat during the Aquatennial parade through Minneapolis that July,” Kroncke recalls. “And during the trial there was spray painted ‘Hang the Minnesota 8!’ graffiti on the West Bank of campus.”

The trials themselves drew witnesses from all over the country—including Ellsberg, who testified as an expert witness for the defense of two members of the group.

In his memoir, *Secrets: A Memoir of Vietnam and the Pentagon Papers*, Ellsberg writes that he had planned to introduce the Pentagon Papers, which he had not yet released publicly, as evidence at the Minnesota 8 trial. This would both bolster the defense and also get the Papers into the court record. Even if the judge chose to seal the record, the Papers could be seen by an appellate court and, Ellsberg writes, “they might, somehow, evoke a judicial reaction on the war.”

But when the judge ruled that no evidence could be introduced that was critical of the government, Ellsberg was forced to abandon his plan. He later released the Pentagon Papers to *The New York Times* and *The Washington Post* the following year.

By January 1971, seven of the men had been convicted and sentenced to the maximum term of five years in prison (one had already pleaded guilty).

Simmons was sent to a facility for youth offenders outside of Denver. “It was hard on everyone, sure. Not just me. It was a scary thing for my family; my mom.

“Thanks to some friends-of-friends,” Simmons continues, “I had an idea of what ‘life inside’ was going to be like...but it was still marked with uncertainty. Think of it as being sent away to school...a school where you don’t know anyone, the courses are tougher than anything you could imagine, and you don’t know when you’ll get out or how you’ll get by.”

“There’s a reason they call prison ‘Grey-Stone College,’” he adds with a quiet smile.

The group remained incarcerated until July 23, 1973, when President Nixon ordered their release, along with dozens of other jailed dissenters around the nation.

Since then, several of the group have remained local activists. Frank Kroncke is the founder of the Peace and War in the Heartland Project, a group dedicated to facilitating public discussion about the Vietnam era and its relevance to modern events.

*“We may have been just chipping away tiny grains of sand at the base of a mountain...but that mountain’s never gonna fall if you don’t start somewhere. Mountains begin, and end, with the grain of sand.”*

Pete Simmons, who had been a biology major prior to going to prison, re-enrolled at the U once he was released. A student worker for the College of Continuing Education when he returned, Simmons changed his major to American history. “I figured,” he laughs, “that since I had been so busy making all this

history the past couple of years, I should probably take some time and learn some history—see where we fit into the grand scheme of things.”

He now works in the health care field while volunteering his time with Peace in the Precincts, a non-partisan group that encourages

people to take part in their precinct caucuses, and educates the precinct delegates on peace activism.

Each of the Minnesota 8 has a college degree; seven graduated from the U. Their careers range from activist to teacher to lawyer to public radio host.

On his choice to commit acts of civil disobedience, Kroncke concludes, “we may have been just chipping away tiny grains of sand at the base of a mountain...but that mountain’s never gonna fall if you don’t start somewhere. Mountains begin, and end, with the grain of sand.”

For more information on Ellsberg and Jacobs’s presentation at *Great Conversations*, visit [www.cce.umn.edu/conversations](http://www.cce.umn.edu/conversations).

For more information on *Peace Crimes*, visit [www.historytheatre.com](http://www.historytheatre.com).

To learn more about the Minnesota 8 or the *Peace and War in the Heartland Project*, visit [www.minnesota8.net](http://www.minnesota8.net).



Frank Kroncke today.



Pete Simmons today.

# Former professional education student comes full circle

For many people, a certificate or degree through the College of Continuing Education helps them discover a new interest or passion, or leads them to bigger and better things in their career.

For Twin Cities-based human resource consultant Larry Morgan, it did both. It also brought him full circle: The former professional development certificate student is now an instructor in the same, albeit updated, program he studied in more than 20 years ago.

Morgan spent the initial years of his career in the social science field, doing counseling and other human service activities. "And then, one day," he says, "I realized...hey, I'm not having any fun doing this. It's just work. There's undoubtedly a better way to reach people than what I'm doing now."

So he switched fields to human resource management, where he immediately realized two things: one, he was "jazzed and excited" about his new career direction; and two, "I was going to need more education," he recalls with a chuckle.

So, in 1984, he enrolled in the Human Resources Generalist Certificate

Program. At that time, the certificate program was structured differently than it is today. "Back then, we took undergraduate courses that pertained to HR issues," Morgan says. "It was useful, certainly, but that kind of time commitment [full semester] was difficult for a lot of people. Plus, the material wasn't truly geared for adults who have been in the working world. It was much more theory-based, as opposed to practical application-based."

But it was theory he could use, and after completing his certificate, Morgan went on to get his master's degree in industrial relations from the Carlson School, with the goal of working in compensation and benefits in the human resources field.

"Deciding to get my certificate gave my career a jump-start. I was able to transition smoothly and more quickly than I would have otherwise...and I had the educational background to be successful," Morgan says.

And successful he was. Morgan went on to work for a wide variety of organizations in lead compensation and human resources roles. His employers included Best Buy, Lawson Software, HB Fuller, JD Edwards, Grant Thornton, CUNA Mutual Group Insurance, and National Car Rental.

Eventually, his attention turned to teaching. While living in Denver,

Morgan used his professional and educational experiences to lead test preparation classes for Senior Professional in Human Resources (SPHR) and Professional in Human Resources (PHR) certification (a critical designation for human resources professionals).

Shortly after Morgan moved back to the Twin Cities in 2001, he signed on as a professional development instructor in the College's division of Continuing Professional Education, where he teaches a variety of human resources-related



Larry Morgan

courses. In addition, Morgan also serves as a human resources consultant, and owns his own firm, the Orion HR Group.

"One of the things I really like about the College's certificate programs and courses is that both the students and the instructors are passionate, dedicated individuals. That's what really sets these courses and programs apart, I think," says Morgan.

Continues Morgan, "The instructors are seasoned industry professionals. They are enthusiastic about the material and the students, because they've been out there, in the trenches. I enjoy getting to share what I know with the people in my classes, and I'm happy to be able to give them material that has a practical application. Students also bring up situations they are faced with today and get real-time advice from instructors and other students. They can walk out of my course with information that's immediately useful in the workplace, and that's gratifying to me to see—especially since I've been where they are now."

Visit [www.cce.umn.edu/professionaleducation](http://www.cce.umn.edu/professionaleducation) for more information about the College's Professional Education division, and the Human Resource Management Learning Center.

The mission of the College of Continuing Education is to provide adults with quality continuing education and lifelong learning opportunities for professional development, personal enrichment, career transitions, and academic growth.

UNIVERSITY OF MINNESOTA

**c.c.e.times**  
(USPS 711-240)

Volume 9, Number 2

**Editor:**  
Rachel Wright  
wrigh474@umn.edu

**Writer:**  
Megan Rocker

**Graphic Designer:**  
Linda Peterson

**CCE Information Center:**  
20 Classroom Office Building  
Telephone 612-624-4000

c.c.e.times is a newsletter for College of Continuing Education, University of Minnesota students published by the College of Continuing Education, University of Minnesota, 340 Coffey Hall, 1420 Eckles Ave., St. Paul, MN 55108-6080.

For address changes, send entire address panel to c.c.e.times at address above.

Students are encouraged to submit editorial opinions to the c.c.e.times editor at address above.

The University of Minnesota is committed to the policy that all persons shall have equal access to its programs, facilities, and employment without regard to race, color, creed, religion, national origin, sex, age, marital status, disability, public assistance status, veteran status, or sexual orientation.

The contents of this publication and other University bulletins, publications, or announcements are subject to change without notice. The information in this publication is available in alternative formats. Call 612-625-1711.

Disability accommodations are available upon request. Call the information number given for the specific programs described in this publication, or call 612-625-1711 for referral.

© 2007 Regents of the University of Minnesota. All rights reserved.



# Multidisciplinary Studies gives first graduate “best of both worlds”

“I didn’t start school thinking I’d be leaving,” says recent College of Continuing Education graduate Matt Wehner. “And when I did leave, I certainly thought I’d be coming back soon.”

After spending two years at St. Cloud State, and then another two years at the U of M, studying journalism and marketing, Wehner decided to take a short break from school, “fully intending to come right back. Which I did,” he continues with a laugh, “if by ‘right back’ you mean 10 years.”

During his time away, Wehner worked in the restaurant industry, managing, bartending, and wait staffing. But he never lost his desire to be doing something different—ideally, working with animals.

Wehner and his wife are the proud keepers of a small menagerie, including Bentley, a very large African spur-thigh tortoise.

“My wife and I were in a pet store one day a few years ago, and we saw this little baby tortoise being kept in water—like a turtle. We weren’t experts on the breed or anything, but at least we knew that it was being housed in a totally inappropriate, if not cruel, environment.”

So they adopted the small reptile and brought him home, where he has happily flourished. “He’s a big guy, that’s for sure,” chuckles Wehner. “He’s only about 30 pounds

now, but will probably get up to 60 or so...He outweighs the dog now, and eventually he’ll probably outlive us.”

Continues Wehner, “but in all seriousness, creatures like Bentley are what made me want to work with animals—so I can help educate people and build awareness.”

When Wehner returned to school in 2006, he was looking for a major that allowed him to combine his previous course work along with his interests and career plans. His

adviser suggested he check out the College of Continuing Education, where he discovered the Multidisciplinary Studies (MDS) degree.

Wehner’s focus was on human and animal relations, and his three areas of concentration were arts and

humanities, communications, and applied and technical studies. “I took courses in journalism and marketing, ecology, primate studies, anthropology, and sociology. It was great in that I could combine my passion for animals with my interest in marketing and promotions.”

Wehner continued to work full-time in the restaurant industry while also attending school

*“As an adult returning to school, you have a clearer picture of what you want to achieve, and you know the steps you need to take to get there.”*

Matt Wehner



Photo by Tim Rummelhoff

Matt Wehner now uses his MDS degree in his work at the Como Zoo.

full-time. His hectic schedule paid off, and he graduated in the spring of 2007. He is now working in the marketing department for the Como Zoo.

As it turns out, Wehner was the first graduate of the MDS program, which was in its initial stages when he applied. The degree’s relative newness doesn’t discourage him from recommending it to fellow adults returning to school, however.

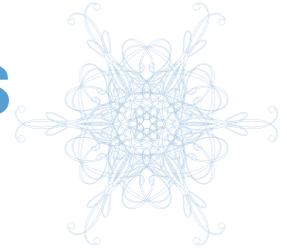
“As an adult returning to school, you have a clearer picture of what you want to achieve, and you know the steps you need to take to get there. This degree format fits that vision,” he says. “Plus, I’ve found it to be a good networking or connecting tool—when I was looking for internships, it gave me something to talk about. You see

people with marketing degrees, or people with degrees in animal science or behavior...but it’s like mine is the best of both worlds.”

*For more information about interdisciplinary degree programs offered by the College of Continuing Education, please visit [www.cce.umn.edu/degrees](http://www.cce.umn.edu/degrees) or call 612-624-4000.*



# ICP graduate's memoir chronicles battle with ADHD



Book “really started to jell” after Split Rock Arts Program mentorship

Landscaper, insurance agent, civil affairs specialist, nursery manager, Web master, truck driver, IT consultant, pea reaper driver...

Wait...pea reaper driver?

Yes, author and College of Continuing Education graduate Dave Wilkowske will assure you, a pea reaper driver. A Faribault Canning Company pea reaper driver in 1976, to be specific.

It's just one of the more than 60 jobs Wilkowske has held throughout his life. Some are unusual, some are conventional; all are part of a very diverse work history.

Wilkowske, 48, is just one of millions of adults who are living with Attention Deficit Hyperactivity Disorder (ADHD). Although typically associated with children, ADHD can continue into adulthood. According to the *Harvard Health Letter*, as many as 6 percent of adult Americans are ADHD-afflicted, which equals about 10 million people.

Wilkowske chronicles his battle with ADHD in a recent book he calls his “psychohistorical memoir,” *The Chronic Job Hopper*. Wilkowske completed the memoir after working with a mentor, author and publisher Linda Hasselstrom, through the Split Rock Arts Program's Online Mentoring for Writers. Wilkowske hopes the book will raise awareness of ADHD.

Although he wasn't diagnosed until recently, Wilkowske's disorder caused problems for him since elementary school.

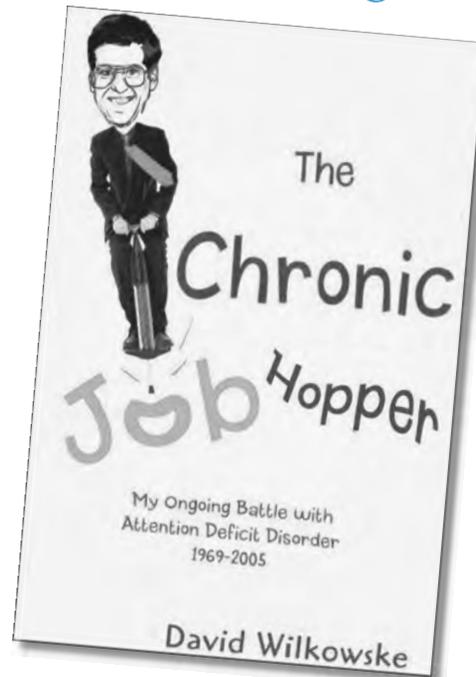
He struggled in school, and even as a young adult worked a variety of jobs. However, one thing Wilkowske knew he needed to finish was his college degree. But again, he bounced around, from area to area in the College of Agriculture, struggling to focus and having difficulty with certain courses: math and organic chemistry, in particular.

It wasn't until he found the College of Continuing Education's Inter-College Program (ICP), that Wilkowske discovered a degree that had the flexibility he needed to finish school. He was able to design a degree that was rigorous, but matched his interests and strengths.

In the program, he created a major combining horticulture and business. “I had always been interested in forestry,” he says, “and the business angle would give me the background to branch out in case I couldn't find a job in ag or horticulture.”

Following graduation, Wilkowske worked in a number of agricultural and horticultural jobs, including nursery manager and landscape foreman.

Eventually, he made a career shift, moving into the information technology field. “I had taken a programming course when I got my degree, and that was enough to



problems with certain school subjects, the restlessness.”

Diagnosis, for Wilkowske, has marked a turning point in his life. *The Chronic Job Hopper* is his way of helping other ADHD sufferers find that point as well.

“I think we're all here for a purpose... and it seems now, that my purpose, my goal, my path (however convoluted) is to help others with their ADHD,” Wilkowske says. “I feel compelled to let others know my story so that history does not repeat itself.”

He hopes the book will also clear up some misconceptions about people afflicted with ADHD.

“There are a lot of stereotypes out there about this disorder... that we're lazy or unmotivated or even worse, we're just ‘making it up.’ I want to shed some light on that. People with ADHD have a unique mindset and face different challenges. It's a real disorder, and affects far more people than you might realize.”

But, he continues, “people with ADHD can also be very successful in life. The key is getting diagnosed and getting the help and support you need—whether that's a therapist or medication or a unique educational experience, or some combination of all of those.”

For more information about interdisciplinary degrees offered through the College of Continuing Education, please visit [www.cce.umn.edu/degrees](http://www.cce.umn.edu/degrees) or call 612-624-4000.

For more information about Online Mentoring for Writers, please visit [www.cce.umn.edu/mentoring](http://www.cce.umn.edu/mentoring) or call 612-624-4375.

get me interested in the IT field,” Wilkowske recounts. After receiving a certificate from DePaul University, Wilkowske worked a variety of jobs taking advantage of the IT boom in the mid- to late-1990s.

As an adult, Wilkowske's difficulty concentrating and need to be moving, changing, and switching constantly caused him trouble in the workforce. “At every job interview I went to, the HR person almost always said, ‘Well, tell us why you left your job at such-and-such company.’ And I would say, ‘A better opportunity came along to expand my skill sets.’

“Which is all well and good. But, eventually, it always gets around to the dirty question: ‘Why, exactly, have you had so many jobs over the last X number of years?’”

It wasn't until 2004 that he realized that maybe there was a clinical reason. That summer, a volunteer psychological counselor at a local church suggested that he get tested for ADHD, as he was displaying all of the hallmarks of the disorder.

“It was like a light went on,” he says. “It explained all the distractions, the difficulty concentrating, the

**Get the lowdown on financial aid**  
College of Continuing Education scholarships and grants provide funding for more than 200 students each year and are applicable to the College's credit or noncredit courses. Admission to a certificate or degree program is not required.

Visit [www.cce.umn.edu/financialaid](http://www.cce.umn.edu/financialaid) or call 612-624-4000 to find out more.

A PUBLICATION FOR LEARNERS IN PROGRAMS ADMINISTERED  
BY THE COLLEGE OF CONTINUING EDUCATION

**Career Services**

**Certificates**

**Degrees**

- Bachelor of Applied Science
- Inter-College Program and Multidisciplinary Studies Program
- Master of Liberal Studies
- Program for Individualized Learning

**Evening, Distance, and Summer Term Courses**

**LearningLife**

**Professional Development Courses**

**Personal Enrichment Programs**

- Compleat Scholar
- Curiosity Camp
- Great Conversations
- Headliners
- Online Mentoring for Writers
- Split Rock Arts Program

**612-624-4000**

**www.cce.umn.edu**

College of Continuing Education  
University of Minnesota  
340 Coffey Hall  
1420 Eckles Avenue  
St. Paul, MN 55108-6080

Nonprofit Org.  
U.S. Postage  
**Paid**  
Minneapolis, Minn.  
Permit No. 811

MP-511/12.07



Winter 2008



Photo by Cheryl Walsh Bellville

**THE MINNESOTA 8 AND DISSENT IN DEMOCRACY**

*Daniel Ellsberg focuses on activists in Great Conversations*

**Also in this issue:**

*Multidisciplinary Studies gives first grad "best of both worlds"*

*Alumnus's memoir chronicles battle with ADHD*

*Professional education graduate comes full circle*

**cce.times**  
A Newsletter for Lifelong Learners

UNIVERSITY OF MINNESOTA  
**Driven to Discover**<sup>SM</sup>